

Canterbury DAYS



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 9:00 am -11:00 am Church Run	2 Dr's Offices PM ONLY 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 10:00 am Britton Plaza 10:30 pm Karaoke - <i>Social Room</i> 11:00-11:30 am Water Aerobics 2:00 pm Matinee Movie - <i>Social Room</i> 7:30 pm Bingo	3 9:45 am GANDY 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 10:30 pm Scrabble & Table Games - <i>Social Room</i> 11:00 am - 2:00 pm Concierge Service (call) 1:00 pm Men's Chorus Practice - <i>Social Rm</i> 2:00 pm Matinee Movie - <i>Social Room</i> 2:30 pm Banks	4 Dr's Offices 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 9:30-10:30 am Blood Pressure Wellness Clinic 10:30-11:30 am Episcopal Service - <i>Assembly Rm</i> 11:00-11:30 am Water Aerobics 1:30-4:30 pm Bridge 2:00 pm Matinee Movie - <i>Social Room</i> 7:30 pm <i>Breakfast At Tiffany's</i>	5 9:45 am BRITTON 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 9:00-11:30 am Wellness Clinic - make appt. thru Dr. Diasti's office 10:30 pm Bingo (Prizes) No Money - <i>Assembly Room</i> 2:00 pm Matinee Movie - <i>Social Room</i> 3:00 pm Walgreen Pharmacy 7:30 pm John Einhaus, Pianist - Social Rm (sign up)	6 Dr's Offices 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 9:15-10:00 am Coffee & Danish - <i>Gasparilla Rm</i> 10:00 am - 2:00 pm Nancy's Handbags - <i>Assembly Rm</i> 10:30-10:45 am Mobile P.O. 1:30-4:30 pm Bridge 2:00 pm Matinee Movie - <i>Social Room</i> 5:00-6:00 pm Cocktail Party with Shannon - <i>Social Rm</i> Happy Birthday Paul Singleton	7 MOVIE 7:30 pm <i>The Sandlot 2</i>	
8 9:00 am -11:00 am Church Run Happy Birthday Louise Beecy	9 Dr's Offices PM ONLY 8:30-9:00 am Exercise w/ Shannon - <i>Assembly Rm</i> 10:00 am Westshore Mall (sign up) 10:30 pm Name That Tune music by Barbara - <i>Social Room</i> 11:00-11:30 am Water Aerobics 2:00 pm Matinee Movie - <i>Social Room</i> 7:30 pm Bingo	10 9:45 am GANDY 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 10:30 pm Scrabble & Table Games - <i>Social Room</i> 11:00 am - 2:00 pm Concierge Service (call) 1:00 pm Men's Chorus Practice - <i>Social Rm</i> 2:00 pm Matinee Movie - <i>Social Room</i> 2:00 - 3:00 pm In-Service: Vision Problems - Assembly Rm (sign up) 2:30 pm Banks	11 Dr's Offices 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 9:30-10:30 am Blood Pressure Wellness Clinic 10:30-11:30 am Episcopal Service - <i>Assembly Rm</i> 11:00-11:30 am Water Aerobics 1:30-4:30 pm Bridge 2:00 pm Matinee Movie - <i>Social Room</i> 7:30 pm MOVIE <i>Beyond Borders</i>	12 9:45 am BRITTON 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 9:00-11:30 am Wellness Clinic - make appt. thru Dr. Diasti's office 11:30 pm Lunch Out - Taste Of Boston (sign up) 2:00 pm Matinee Movie - <i>Social Rm</i> 3:00 pm Westshore Pharmacy 7:30-8:30 pm Ballroom Dancing with Roy Stone - <i>Assembly Rm</i>	13 Dr's Offices 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 9:15-10:00 am Coffee & Danish - <i>Gasparilla Rm</i> 10:00 am Residents' Panel Meeting - <i>Assembly Rm</i> 2:00 pm Matinee Movie - <i>Social Room</i> 1:30-4:30 pm Bridge 5:00-6:00 pm Cocktail Party with Linda & Jeanie - <i>Social Rm</i>	14 11:00 am Lunch Cruise Star Ship (sign up) MOVIE 7:30 pm <i>A League Of Their Own</i>	
15 9:00 am -11:00 am Church Run Happy Birthday Jean Lebo	16 Dr's Offices PM ONLY 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 10:00 am Target (sign up) 10:30 pm Big Band Music by Al - <i>Social Room</i> 11:00-11:30 am Water Aerobics 2:00 pm Matinee Movie - <i>Social Room</i> 7:30 pm Bingo	17 9:45 am GANDY 8:30-9:00 am Exercise w/ Shannon - <i>Assembly Rm</i> 10:30 pm Scrabble & Table Games - <i>Social Room</i> 11:00 am-2:00 pm Concierge Sr. (call) 11:30 am General Residents' Mtg. - <i>Assembly Rm</i> 1:00 pm Men's Chorus Practice - <i>Social Rm</i> 2:00 pm Matinee Movie - <i>Social Room</i> 2:30 pm Banks 7:30 pm Sing-a-long - <i>Social Rm</i>	18 Dr's Offices 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 9:30-10:30 am Blood Pressure Wellness Clinic 10:30-11:30 am Episcopal Service - <i>Assembly Rm</i> 11:00-11:30 am Water Aerobics 1:30-4:30 pm Bridge 2:00 pm Matinee Movie - <i>Social Room</i> 7:30 pm MOVIE <i>E.T.</i>	19 9:45 am BRITTON 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 9:00-11:30 am Wellness Clinic - make appt. thru Dr. Diasti's office 11:30 pm Lunch Out - Cheesecake Factory (sign up) 2:00 pm Matinee Movie - <i>Social Rm</i> 3:00 pm CVS Pharmacy 7:30-8:30 pm Ballroom Dancing with Roy Stone - <i>Assembly Rm</i>	20 Dr's Offices 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 9:15-10:00 am Coffee & Danish - <i>Gasparilla Rm</i> 1:30-4:30 pm Bridge 2:00 pm Matinee Movie - <i>Social Room</i> 5:00-6:00 pm Cocktail Party with Shannon - <i>Social Rm</i>	21 10:00 am Lowry Park Zoo & Lunch (sign up) MOVIE 7:30 pm <i>Out Of Africa</i>	
22 9:00 am -11:00 am Church Run	23 Dr's Offices PM ONLY 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 10:00 am Britton Plaza 10:30 pm Magic Show by Greg the Magician - <i>Social Room</i> 11:00-11:30 am Water Aerobics 2:00 pm Matinee Movie - <i>Social Room</i> 7:30 pm Bingo	24 9:45 am GANDY 8:30-9:00 am Exercise w/ Shannon - <i>Assembly Rm</i> 10:30 pm Scrabble & Table Games - <i>Social Room</i> 1:00 pm Men's Chorus Practice - <i>Social Rm</i> 2:00 pm Matinee Movie - <i>Social Room</i> 2:30 pm Banks 6:00 pm Men's Night Out Bonefish Grill (sign up)	25 Dr's Offices 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 9:30-10:30 am Blood Pressure Wellness Clinic 10:30-11:30 am Episcopal Service - <i>Assembly Rm</i> 11:00-11:30 am Water Aerobics 2:00 pm Matinee Movie - <i>Social Room</i> 1:30-4:30 pm Bridge 7:30 pm MOVIE <i>A Civil Action</i> Happy Birthday John Crislip	26 9:45 am BRITTON 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 9:00-11:30 am Wellness Clinic - make appt. thru Dr. Diasti's office 10:30 pm Bingo (Prizes) No Money - <i>Assembly Room</i> 2:00 pm Matinee Movie - <i>Social Rm</i> 3:00 pm Walgreen Pharmacy 7:30-8:30 pm Ballroom Dancing with Roy Stone - <i>Assembly Rm</i> Happy Bday Winnie Quindry	27 Dr's Offices 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 9:15-10:00 am Coffee & Danish - <i>Gasparilla Rm</i> 1:30-4:30 pm Bridge 2:00 pm Matinee Movie - <i>Social Room</i> 5:00-6:00 pm Cocktail Party with Shannon - <i>Social Rm</i> Happy Birthday Jeanne Royston, Geraldine Parker	28 MOVIE 7:30 pm <i>Enemy Of The State</i>	
29 9:00 am -11:00 am Church Run	30 Dr's Offices PM ONLY 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 10:00 am International Mall (sign up) 10:30 am In-Service Foot Care Podiatrist Meet & Greet - Social Room (sign up) 11:00-11:30 am Water Aerobics 2:00 pm Matinee Movie - <i>Social Room</i> 7:30 pm Bingo	31 9:45 am GANDY 8:30-9:00 am Exercise with Shannon - <i>Assembly Rm</i> 10:30 pm Scrabble & Table Games - <i>Social Room</i> 1:00 pm Men's Chorus Practice - <i>Social Rm</i> 2:00 pm Matinee Movie - <i>Social Room</i> 2:30 pm Banks Happy Birthday Peggy McEniry	<p style="text-align: center;"> Questions regarding Calendar or Activities? CALL SHANNON 917-0419 </p>			<p style="text-align: center;"> Matinee Movies MON THRU FRI • 2:00 PM • SOCIAL ROOM POPCORN & SOFT DRINKS WILL BE SERVED. The movie listing will be posted on the activity board on 2nd floor. Also, a copy of the matinee movies for the month will be available in the General Store. </p>	

Activities You Must Sign Up For...

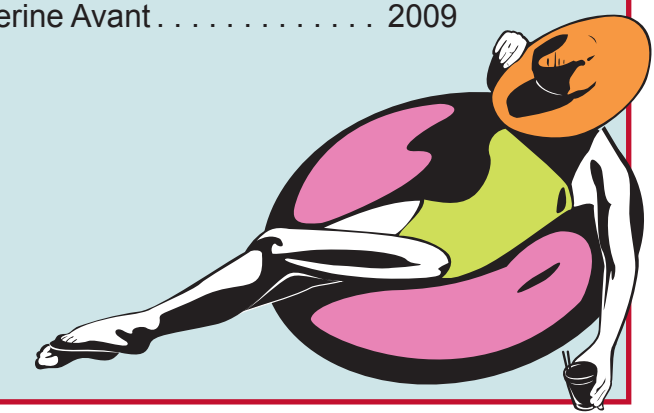
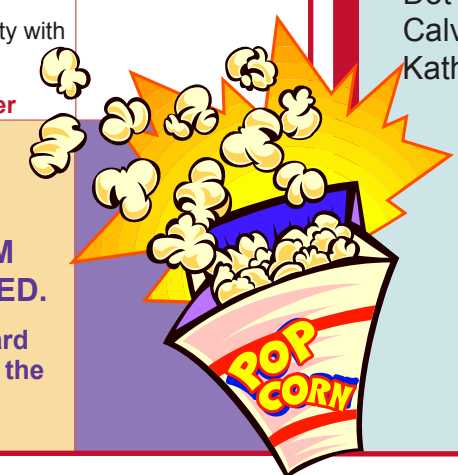
John Einhaus – Pianist.....	8/5
Westshore Mall.....	8/9
In-Service: Vision Problems.....	8/10
Lunch Out – Taste of Boston.....	8/13
Lunch Cruise – Star Ship.....	8/14
Target.....	8/16
Lunch Out – Cheesecake Factory.....	8/19
Lowry Park Zoo and Lunch.....	8/21
Birthday Tea Party.....	8/24
Men's Night Out – Bonefish Grill.....	8/24
International Mall.....	8/30
In-Service: Podiatrist Dr. Marsh Meet & Greet.....	8/30

August Resident Birthdays

Paul Singleton.....	8/6
Louise Beecy.....	8/8
Jean Lebo.....	8/15
John Crislip.....	8/25
Winnie Quindry.....	8/26
Geraldine Parker.....	8/27
Jeanne Royston.....	8/27
Peggy McEniry.....	8/31

August Resident Move-In Anniversaries

Bobby Faber.....	1998
Charley Frost.....	1999
Jane Kiper.....	2002
Tom & Margaret Palmer.....	2002
Les Scharf.....	2006
Dot Jackson.....	2008
Calvin Johnson.....	2009
Katherine Avant.....	2009



August Books & More

BOOKS

Hardback

Jeffrey Archer A Prisoner of Birth
David Baldacci First Family
Jan Karon Home to Holly Springs
James Patterson Maximum Ride
Christi Phillips The Devlin Diary
Gary A. Poole The Galloping Ghost
Edward M. Kennedy True Compass: A Memoir

Large Print

Jodi Picoult House Rules
Reader's Digest Select Editions 2010-2, 2010-3
Deeanne Gist Beguiled

Oversize Paperback

Karin Alvtgen Missing
Niccolo Ammanite I'll Steal You Away
Robert Goolrick A Reliable Wife
Monica Holloway Driving With Dead People
Elizabeth Noble Things I Want My Daughter to Know
Vikas Swarup Slumdog Millionaire

Paperback

Tom Clancy SSN
Mary Higgins Clark Where Are You Now?
Clive Cussler Blue Gold
Newt Gingrich Days of Infamy
W.E.B. Griffin The Traffickers
Madeline Hunter Provocative in Pearls
C. Mc Cullough The Independence of Miss Mary Bennet
Andy McDermott The Secret of Excalibur
Jennifer Weiner Little Earthquakes

Librarian: Ann Livingston

Library Committee: Betty Crislip, Helen Ireland,
Ruth Nelson, Mildred Onion, Lois Rinehart, Les Scharf

MOVIES

Complete listing of movies at Concierge/
Security Desk for your viewing pleasure.

**COME AND HEAR THE
GREAT PIANIST JOHN EINHAUS**
Thursday, August 5, 2010
7:30 p.m. Social Rm
SIGN UP

John Einhaus' intensely emotional performances have captivated audiences throughout the United States. Admired for his "mature musicianship and crisp, controlled technique," Einhaus, with his poignantly lyrical style has also stirred listeners with a "remarkably sensitive and delicate touch." His dynamic artistic temperament has revealed him not only as an extraordinary performer of the Romantic and Classical repertoire but also as a profound proponent of the music of Bach.

Mr. Einhaus began his piano studies at age nine with a local teacher in his hometown of Fawn Grove, PA.

More August Events Details! Details! Details!

A year later, upon recognition of his exceptional talent, he was recommended to the Peabody Preparatory where, as an honors student, he received numerous scholarships and awards.

After high school, he entered the Johns Hopkins University as a Mechanical Engineering major.

YACHT STAR SHIP – LUNCH CRUISE

Saturday, August 14, 2010
Motor Coach departs 11:10 a.m.

Cost: \$37.04
SIGN UP



StarShip's menus feature a magnificent selection of specialty cuisine and traditional favorites, including award-winning appetizers, four-star cuisine and incredible desserts. Aboard StarShip, you'll enjoy a three-course meal including a starter, your entrée and a dessert, which is prepared by StarShip's Executive Chef and galley staff. During our Lunch cruise, we will also provide a historical narration of the Tampa Bay 's rich sea-port history.

CHEESE CAKE FACTORY

Thursday, August 19, 2010
Motor Coach departs 11:30 a.m.

SIGN UP



The restaurants are characterized by extensive menus, custom décor, and large portions. David M. Overton, the company's founder, opened the first Cheesecake Factory restaurant in Beverly Hills, California, in 1978. The restaurant established the future chain's pattern of offering an eclectic menu, big portions, and signature cheesecakes.

LOWRY PARK ZOO AND LUNCH OUT

Saturday, August 21, 2010
Motor Coach departs 10:00 a.m.

Cost: \$18.00 per person
SIGN UP



Named the "#1 Zoo in the U.S." by Parents magazine in 2009 and Child magazine in 2004, Tampa 's Lowry Park Zoo features more than 2,000 animals in 56 acres of lush natural habitats.

TRANSPORTATION FOR CHURCH

Attention Residents: Canterbury will provide transportation to church every Sunday as long as we have at least three residents committed to go every Sunday. Departure time starts at 9:00 a.m. and ends at 11:00 a.m. If you have any interest or further questions call Shannon Glenn @ 917-0419.

August Events

Mark Your Calendar, Make Your Plans, Get Your Tickets!

Exercise w/ Shannon Every Mon thru Friday
8:30 a.m. - 9:00 a.m. Assembly Rm.
Please come and join the exercise team.

Water Aerobics Every Monday & Wednesday
11:00 - 11:30 a.m.

Men's Chorus Every Tuesday
1:00 p.m. Social Rm.

Blood Pressure Wellness Clinic Every Wed
9:30 - 10:30 a.m.

Wellness Clinic Every Thursday
9:00 - 11:30 a.m.

Make appt through Dr. Diasti's office.

Ballroom Dancing Every Thursday
7:30 p.m. Assembly Rm.

Britton Plaza August 2
Monday, Motor Coach departs at 10:00 a.m.

Karaoke August 2
Monday, 10:30 a.m. in the Social Rm.

Scrabble & Table Games August 3
Tuesday, 10:30 a.m. in the Social Rm.

Bingo (Prizes) No Money August 5
Thursday, 10:30 a.m. in the Assembly Rm.

John Einhaus, Pianist August 5
Thursday, 7:30 p.m. Social Rm. SIGN UP

Nancy's Handbags August 6
Friday, 10:00 a.m - 2:00 p.m. Assembly Rm.

Mobil P.O. August 6
Friday, 10:30-10:45 a.m.

Cocktail Party w/ Shannon August 6
Friday, 5:00-6:00 p.m. Social Rm.

Name That Tune Music by Barbara August 9
Monday, 10:30 a.m. Social Rm.

Westshore Mall August 9
Monday, Motor Coach departs at 10:00 a.m.

SIGN UP

Scrabble & Table Games August 10
Tuesday, 10:30 a.m. in the Social Rm.

In Service: Vision Problems August 10
Tuesday, 2:00-3:00 p.m. Assembly Rm.

SIGN UP

Lunch Out: Taste of Boston August 12
Thursday, Motor Coach departs at 11:30 a.m.

SIGN UP

Resident Panel Meeting August 13
Friday, 10:00 a.m. Assembly Rm.

Cocktail Party w/ Linda & Jeanie August 13
Friday, 5:00-6:00 p.m. Social Rm.

Lunch Cruise on Star Ship August 14
Saturday, Motor Coach departs at 11:00 a.m.

SIGN UP

Target August 16
Monday, Motor Coach departs at 10:00 a.m.

SIGN UP

Big Band Music by AL August 16
Monday, 10:30 a.m. in the Social Rm.

Scrabble & Table Games August 17
Tuesday, 10:30 a.m. in the Social Rm.

General Resident Meeting August 17
Tuesday, 11:00 a.m. Assembly Rm.

Sing-a-long with Carolyn August 17
Tuesday, 7:30 p.m. Social Rm.

Lunch Out: Cheesecake Factor August 19
Thursday, Motor Coach departs at 11:30 p.m.

SIGN UP

Cocktail Party w/ Shannon August 20
Friday, 5:00-6:00 p.m. Social Rm.

Lowry Park Zoo and Zoo August 21
Saturday, Motor Coach departs 10:00 a.m.

SIGN UP

Britton Plaza August 23
Monday, Motor Coach departs at 10:00 a.m.

Magic Show by Greg the Magician August 23
Monday, 10:30 a.m. in the Social Rm.

Scrabble & Table Games August 24
Tuesday, 10:30 a.m. in the Social Rm.

Birthday Tea Party August 24
Tuesday, 12:00 p.m. Social Rm.

SIGN UP

Men's Night Out: Bonefish August 24
Tuesday, Motor Coach departs at 6:00 p.m.

SIGN UP

Bingo (Prizes) No Money August 26
Thursday, 10:30 a.m. in the Assembly Rm.

Cocktail Party w/ Shannon August 27
Friday, 5:00-6:00 p.m. Social Rm.

International Mall August 30
Monday, Motor Coach departs at 10:00 a.m.

SIGN UP

Scrabble & Table Games August 30
Tuesday, 10:30 a.m. in the Social Rm.

In Service: Podiatrist Meet & Greet August 30
Tuesday, 10:30 a.m. in the Social Rm.

SIGN UP

WELLNESS CLINIC SCHEDULE AND INFORMATION

TUESDAY • 7:00 am to 8:00 am
Ecolab blood draws, bring prescription
and insurance information

THURSDAY • 9:00 am to 11:30 am
Wellness Clinic – make appt.
through Dr. Diasti's office

WEDNESDAY • 9:30 am to 10:30 am
Blood Pressure Clinic

